

244m RESULTS

244m Overall

Heat	Name	#	(gender)	time	place
9	Tobias Hirst	85	m	03:20.4	1
7	Jade Perry	65	f	03:21.5	2
3	Paul Smith	25	m	03:26.0	3
6	Tim Kendall	113	m	03:29.7	4
10	Jonathon Bede	99	m	03:35.7	5
7	John Tribeck	60	m	03:55.0	6
8	Kris Twyman	66	m	04:02.8	7
5	Martin Ball	47	m	04:03.3	8
10	Shaun Hales	91	m	04:07.3	9
1	Alexia O'Mara	5	f	04:08.9	10
8	Catherine Low	77	f	04:10.6	11
2	Ian Smith	15	m	04:15.1	12
4	Dominic Tinley	31	m	04:16.1	13
9	Sam Tarling	87	m	04:19.7	14
1	Jonathan Coe	116	m	04:23.2	15
6	Oliver Whelptc	49	m	04:23.6	16
11	Edward Yabsle	103	m	04:24.2	17
5	Ben Hieatt-Sm	46	m	04:26.2	18
9	Kevin Franks	84	m	04:29.3	19
9	Sarah Oldrey	79	f	04:29.8	20
8	Philip Hodges	74	m	04:32.1	21
3	Nick D'Alton	21	m	04:33.8	22
4	Janet Briggs	39	m	04:34.2	23
8	Nancy Farmer	70	f	04:35.1	24
4	Hywel Davies	35	m	04:40.9	25
2	Jane Bell	14	f	04:44.1	26
2	Susan Douglas	18	f	04:45.4	27
6	Redy Redfern	54	m	04:48.0	28
1	Lisa North	10	f	04:50.8	29
3	Michael Gorna	22	m	04:51.5	30
10	Tom Eastaff Hc	100	m	04:51.9	31
4	Tors Hamilton	37	f	04:55.2	32
9	Alan Hunt	82	m	04:58.1	33
1	Val Greenwood	6	f	05:04.7	34
3	Tim Sutton	28	m	05:05.2	35
10	Amanda Bell	101	f	05:05.7	36
7	Stephen Lodge	61	m	05:11.2	37
10	Naomi Hunt	92	f	05:22.4	38
2	Clare Calder	16	f	05:24.7	39
4	Raf Oya	29	m	05:26.2	40
6	Derek Wetheri	55	m	05:30.0	41
4	John Willis	32	m	05:33.4	42
7	Matthew Lea	64	m	05:36.6	43
3	Penelope Allar	24	f	05:37.9	44
11	Beth Jackson	104	f	05:40.4	45
1	Mandy Byrnes	9	f	05:46.9	46
7	Keith Duncan	63	m	05:51.7	47
11	Lesley N Hutt	110	f	05:57.1	48
11	Yvonne Husba	107	f	06:11.5	49
2	Debbie Brady	17	f	06:12.3	50

1	Margaret Grah	11	f	06:19.6	51
11	Cora N	130	f	06:21.5	52
9	Sarah Cummir	32	f	06:25.5	53
1	Barbara Browr	12	f	06:31.3	54
6	Kate Goldberg	52	f	07:03.1	55
5	Lorraine Watsc	44	f	07:05.8	56
5	Danielle Watsc	45	f	07:06.4	57
7	Fiona Bettles	62	f	07:10.7	58
11	Eugenie Verne	105	f	07:13.5	59
10	Glenn Bonner	89	m	DNS	
8	Bob Anderson	67	m	DNS	
6	James Reid	48	m	DNS	
2	Tom Reed	13	m	DNS	
5	Paul Mylrea	43	m	DNS	
8	Caroline Crolla	73	f	DNS	
5	Nicola Court	40	f	DNS	
3	Stephanie Ger	20	f	DNF	

244m RESULTS**244m Men**

Heat	Name	#	time	place	Heat
9	Tobias Hirst	85	03:20.4	1	7
3	Paul Smith	25	03:26.0	2	1
6	Tim Kendall	113	03:29.7	3	8
10	Jonathon Bede	99	03:35.7	4	9
7	John Tribeck	60	03:55.0	5	8
8	Kris Twyman	66	04:02.8	6	2
5	Martin Ball	47	04:03.3	7	2
10	Shaun Hales	91	04:07.3	8	1
2	Ian Smith	15	04:15.1	9	4
4	Dominic Tinley	31	04:16.1	10	1
9	Sam Tarling	87	04:19.7	11	10
1	Jonathan Coe	116	04:23.2	12	10
6	Oliver Whelptc	49	04:23.6	13	2
11	Edward Yabsle	103	04:24.2	14	3
5	Ben Hieatt-Smith	46	04:26.2	15	11
9	Kevin Franks	84	04:29.3	16	1
8	Philip Hodges	74	04:32.1	17	11
3	Nick D'Alton	21	04:33.8	18	11
4	Janet Briggs	39	04:34.2	19	2
4	Hywel Davies	35	04:40.9	20	1
6	Redy Redfern	54	04:48.0	21	11
3	Michael Gorna	22	04:51.5	22	9
10	Tom Eastaff Ho	100	04:51.9	23	1
9	Alan Hunt	82	04:58.1	24	6
3	Tim Sutton	28	05:05.2	25	5
7	Stephen Lodge	61	05:11.2	26	5
4	Raf Oya	29	05:26.2	27	7
6	Derek Wetheri	55	05:30.0	28	11
4	John Willis	32	05:33.4	29	
7	Matthew Lea	64	05:36.6	30	
7	Keith Duncan	63	05:51.7	31	

244m Women

Name	#	time	place
Jade Perry	65	03:21.5	1
Alexia O'Mara	5	04:08.9	2
Catherine Low	77	04:10.6	3
Sarah Oldrey	79	04:29.8	4
Nancy Farmer	70	04:35.1	5
Jane Bell	14	04:44.1	6
Susan Douglas	18	04:45.4	7
Lisa North	10	04:50.8	8
Tors Hamilton	37	04:55.2	9
Val Greenwood	6	05:04.7	10
Amanda Bell	101	05:05.7	11
Naomi Hunt	92	05:22.4	12
Clare Calder	16	05:24.7	13
Penelope Allar	24	05:37.9	14
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Yvonne Husba	107	06:11.5	18
Debbie Brady	17	06:12.3	19
Margaret Grah	11	06:19.6	20
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Kate Goldberg	52	07:03.1	24
Lorraine Watsc	44	07:05.8	25
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