

**244m RESULTS**

Overall						Men					Women				
Heat	Name	#	(gender)	time	place	Heat	Name	#	time	place	Heat	Name	#	time	place
4	Craig Oliver	37	m	03:09.1	1	4	Craig Oliver	37	03:09.1	1	1	Lynne McGregor	21	04:10.1	1
5	Rory Fitzgerald	87	m	03:27.2	2	5	Rory Fitzgerald	87	03:27.2	2	10	Sarah Kenyon	132	04:12.4	2
2	Paul Smith	3	m	03:32.5	3	2	Paul Smith	3	03:32.5	3	7	Debbie Taylor	42	04:13.0	3
10	Michael Hawkins	20	m	03:35.9	4	10	Michael Hawkins	20	03:35.9	4	2	Lou Walker	53	04:15.8	4
3	David Dawson	66	m	03:44.2	5	3	David Dawson	66	03:44.2	5	7	Ann Richardson	43	04:21.8	5
8	Carl Reynolds	5	m	03:44.6	6	8	Carl Reynolds	5	03:44.6	6	8	Karen Mellstrom	47	04:26.6	6
9	Alex Ferguson	56	m	03:52.3	7	9	Alex Ferguson	56	03:52.3	7	4	Alice Hubbard	83	04:27.2	7
1	Philip Hodges	79	m	04:00.6	8	1	Philip Hodges	79	04:00.6	8	3	Kate Robarts	25	04:34.9	8
3	Martin Ball	36	m	04:01.9	9	3	Martin Ball	36	04:01.9	9	9	Janet Briggs	112	04:35.9	9
7	John Kremer	143	m	04:07.1	10	7	John Kremer	143	04:07.1	10	4	Susan Douglas	57	04:36.4	10
1	Dom Tinley	63	m	04:09.0	11	1	Dom Tinley	63	04:09.0	11	2	Rachel Gilligham	35	04:37.3	11
1	Lynne McGregor	21	f	04:10.1	12	6	Mark Sheridan	118	04:10.2	12	5	Nicola Court	108	04:37.9	12
6	Mark Sheridan	118	m	04:10.2	13	1	Rory McPherson	2	04:10.7	13	3	Sam Plum	7	04:42.6	13
1	Rory McPherson	2	m	04:10.7	14	8	Ben Hieatt-Smith	116	04:16.2	14	1	Jane Bell	32	04:53.8	14
10	Sarah Kenyon	132	f	04:12.4	15	10	Thomas W. Kofler	12	04:20.8	15	5	Lucy Beasley	138	04:53.8	15
7	Debbie Taylor	42	f	04:13.0	16	5	Trevor Colman	92	04:21.2	16	3	Annette Stewart	68	04:58.4	16
2	Lou Walker	53	f	04:15.8	17	2	Steve Tonkin	64	04:25.5	17	1	Val Greenwood	74	04:58.8	17
8	Ben Hieatt-Smith	116	m	04:16.2	18	11	Justin Pitchford	1	04:28.2	19	4	Sue Wood	113	04:59.2	18
10	Thomas W. Kofler	12	m	04:20.8	19	7	Bradley Jennings	144	04:31.4	20	5	Lisa North	9	05:03.7	19
5	Trevor Colman	92	m	04:21.2	20	10	Andrew Robins	146	04:32.4	21	4	Jude Martin	67	05:04.9	20
7	Ann Richardson	43	f	04:21.8	21	10	Ray Budynkiewicz	61	04:32.6	22	6	Paula Cherriman	29	05:09.2	21
2	Steve Tonkin	64	m	04:25.5	22	4	Bojan Obradovic	26	04:39.0	23	7	Amanda Bell	91	05:13.0	22
8	Karen Mellstrom	47	f	04:26.6	23	4	Ricky Blackman	8	04:39.1	24	6	Pauline Barker	11	05:17.0	23
4	Alice Hubbard	83	f	04:27.2	24	6	Dominic Gillespie	111	04:39.6	25	6	Margeret Grahamslaw	109	05:21.1	24
6	Hywel Davies	106	m	04:27.2	25	9	Pete Kelly	51	04:45.1	26	1	Ella Foote	65	05:23.0	25
11	Justin Pitchford	1	m	04:28.2	26	6	Hywel Davies	106	04:27.2	25	11	Louise Barber	70	05:23.2	26
7	Bradley Jennings	144	m	04:31.4	27	5	George Baker	101	04:54.7	27	8	Erika Cule	125	05:36.8	27
10	Andrew Robins	146	m	04:32.4	28	10	John Gregg	6	05:07.8	28	9	Kathryn Pratschke	130	05:56.6	28
10	Ray Budynkiewicz	61	m	04:32.6	29	8	Phil Richardson	44	05:13.9	29	2	Barbara Brown	81	06:13.2	29
3	Kate Robarts	25	f	04:34.9	30	3	Tom Reed	54	05:14.0	30	9	Kate Goldberg	126	06:19.6	30
9	Janet Briggs	112	f	04:35.9	31	11	Martyn McKean	90	05:16.1	31	3	Fiona Bettles	85	06:21.0	31
4	Susan Douglas	57	f	04:36.4	32	10	Derek Wetherilt	110	05:20.6	32	11	Joanne Chilcorr	136	06:26.8	32
2	Rachel Gilligham	35	f	04:37.3	33	11	John Willis	88	05:22.1	33	11	Kate Madigan	135	06:33.1	33
5	Nicola Court	108	f	04:37.9	34	6	David Moore	89	05:24.0	34	5	Lesley Hargrave	82	07:07.6	34
4	Bojan Obradovic	26	m	04:39.0	35	7	Rafael Oya	13	05:24.0	35	2	Samantha Brightwell	72	DNF	
4	Ricky Blackman	8	m	04:39.1	36	8	Colin Brown	102	05:32.4	36	10	Claire Tucker	131	DNS	
6	Dominic Gillespie	111	m	04:39.6	37	4	Stanley Uljaszek	95	07:11.2	37	7	Jackie Hope	96	DNS	
3	Sam Plum	7	f	04:42.6	38	9	Richard Nuell	19	DNS		8	Helen Tong	121	DNS	
9	Pete Kelly	51	m	04:45.1	39	11	James Reid	62	DNS		9	Sandra O'Connor	127	DNS	
1	Jane Bell	32	f	04:53.8	40	6	Jon-Paul Hemmings	41	DNS		2	Annabelle Underwood	75	DNS	
5	Lucy Beasley	138	f	04:53.8	41	1	Steve Williams	58	DNS		3	Lesley Ferguson	38	DNS	
5	George Baker	101	m	04:54.7	42	7	Alan Tong	120	DNS						
3	Annette Stewart	68	f	04:58.4	43	11	Tim Kendall	145	DNS						
1	Val Greenwood	74	f	04:58.8	44										
4	Sue Wood	113	f	04:59.2	45										
5	Lisa North	9	f	05:03.7	46										
4	Jude Martin	67	f	05:04.9	47										
10	John Gregg	6	m	05:07.8	48										
6	Paula Cherriman	29	f	05:09.2	49										
7	Amanda Bell	91	f	05:13.0	50										
8	Phil Richardson	44	m	05:13.9	51										
3	Tom Reed	54	m	05:14.0	52										
11	Martyn McKean	90	m	05:16.1	53										
6	Pauline Barker	11	f	05:17.0	54										
10	Derek Wetherilt	110	m	05:20.6	55										
6	Margeret Grahamslaw	109	f	05:21.1	56										
11	John Willis	88	m	05:22.1	57										
1	Ella Foote	65	f	05:23.0	58										
11	Louise Barber	70	f	05:23.2	59										
6	David Moore	89	m	05:24.0	60										
7	Rafael Oya	13	m	05:24.0	61										
8	Colin Brown	102	m	05:32.4	62										
8	Erika Cule	125	f	05:36.8	63										
9	Kathryn Pratschke	130	f	05:56.6	64										
2	Barbara Brown	81	f	06:13.2	65										
9	Kate Goldberg	126	f	06:19.6	66										
3	Fiona Bettles	85	f	06:21.0	67										
11	Joanne Chilcorr	136	f	06:26.8	68										
11	Kate Madigan	135	f	06:33.1	69										
5	Lesley Hargrave	82	f	07:07.6	70										
4	Stanley Uljaszek	95	m	07:11.2	71										
2		0	0	00:00.0	72										
9	Richard Nuell	19	m	DNS											
11	James Reid	62	m	DNS											
6	Jon-Paul Hemmings	41	m	DNS											
1	Steve Williams	58	m	DNS											
7	Alan Tong	120	m	DNS											
11	Tim Kendall	145	m	DNS											
2	Samantha Brightwell	72	f	DNF											
10	Claire Tucker	131	f	DNS											
7	Jackie Hope	96	f	DNS											
8	Helen Tong	121	f	DNS											
9	Sandra O'Connor	127	f	DNS											
2	Annabelle Underwood	75	f	DNS											
3	Lesley Ferguson	38	f	DNS											
5		0	0	DNS											
8		0	0	DNS											
9		0	0	DNS											

**FINALS**

Craig Oliver	Rory Fitzgerald	Michael Hawkins	Carl Reynolds	Alex Ferguson	Philip Hodges	Martin Ball	Dom Tinley
37	87	20	5	56	79	36	63
03:03.3	03:15.6	03:39.7	03:43.1	03:52.7	03:54.5	03:58.8	04:11.8
1	2	3	4	5	6	7	8

  

Sarah Kenyon	Debbie Taylor	Ann Richardson	Karen Mellstrom	Lou Walker	Susan Douglas
132	42	43	47	53	57
03:59.3	04:09.4	04:15.4	04:16.6	04:16.8	04:40.3
1	2	3	4	5	6